

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	AVOCADO / PULP, FROZEN: 10071179932260 Simplot Harvest Fresh™ Avocado Pulp, 12/1 LB. High quality avocado pulp. Made with Hass avocados, lime juice concentrate and salt.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.15 oz.	¼ cup raw, mashed vegetable	5.07	60.95

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Avocados, fresh All sizes, Whole	Other	3.14	x	5.10 / 16	1.00
Each 3.15 ounce serving of the product above contains 1/4 cup Other vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																												
Avocado, Lime Juice Concentrate, Salt.	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th colspan="2" style="background-color: #cccccc;">Nutrition Facts</th> </tr> <tr> <td>Serving size</td> <td>3.15 oz (89g)</td> </tr> <tr> <td colspan="2" style="border-top: 1px solid black;">Amount per serving</td> </tr> <tr> <td style="font-weight: bold;">Calories</td> <td style="font-size: 1.2em; font-weight: bold;">180</td> </tr> <tr> <td colspan="2" style="text-align: right; font-size: 0.8em;">% Daily Value*</td> </tr> </thead> <tbody> <tr> <td>Total Fat 18g</td> <td style="text-align: right;">23%</td> </tr> <tr> <td> Saturated Fat 3g</td> <td style="text-align: right;">15%</td> </tr> <tr> <td> Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Sodium 80mg</td> <td style="text-align: right;">3%</td> </tr> <tr> <td>Total Carbohydrate 6g</td> <td style="text-align: right;">2%</td> </tr> <tr> <td> Dietary Fiber 5g</td> <td style="text-align: right;">18%</td> </tr> <tr> <td> Total Sugars 1g</td> <td></td> </tr> <tr> <td> Includes 0g Added Sugars</td> <td style="text-align: right;">0%</td> </tr> <tr> <td colspan="2" style="border-top: 1px solid black;">Protein 2g</td> </tr> <tr> <td>Vitamin D 0mcg</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Calcium 10mg</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Iron 0.9mg</td> <td style="text-align: right;">6%</td> </tr> <tr> <td>Potassium 500mg</td> <td style="text-align: right;">10%</td> </tr> <tr> <td>Vitamin A 30mcg</td> <td style="text-align: right;">4%</td> </tr> <tr> <td>Vitamin C 7mg</td> <td style="text-align: right;">8%</td> </tr> <tr> <td colspan="2" style="font-size: 0.7em;">*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</td> </tr> </tbody> </table>	Nutrition Facts		Serving size	3.15 oz (89g)	Amount per serving		Calories	180	% Daily Value*		Total Fat 18g	23%	Saturated Fat 3g	15%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 80mg	3%	Total Carbohydrate 6g	2%	Dietary Fiber 5g	18%	Total Sugars 1g		Includes 0g Added Sugars	0%	Protein 2g		Vitamin D 0mcg	0%	Calcium 10mg	0%	Iron 0.9mg	6%	Potassium 500mg	10%	Vitamin A 30mcg	4%	Vitamin C 7mg	8%	*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.	
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ADDITIONAL INFORMATION	COUNTRY OF ORIGIN																																												
<input checked="" type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input checked="" type="checkbox"/> Kosher <input type="checkbox"/> Halal <input type="checkbox"/> Smart Snack Compliant <input type="checkbox"/> Meets Buy America Provision	Product of Mexico																																												

COOKING INSTRUCTIONS	
To Serve Cold	KEEP FROZEN. DO NOT THAW IN MICROWAVE. For best quality, thaw unopened bag for 15 - 24 hours in the refrigerator (40°F) in single layer. OPENED BAG: Keep surface covered to prevent browning. Use refrigerated guacamole within 7 days. Once thawed, do not refreeze.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				*Information may vary slightly by production facility	
Gross Weight	14.00 LB	Case Cube (ft.³)*	0.36	Pallet TI / HI*	17 / 8
Outer Case Dimensions (L x W x H)*	11.375" x 8.875" x 6.125"		Shelf-Life	18 months	

For questions, please contact the Bid Department at 208-334-8000.

I certify that the information provided is true and correct:


 Kelsey Farley
 Research Technologist

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