

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	VEGETABLES / CORN, FLAME-ROASTED FROZEN: 10071179677789 Simplot Roastworks® Flame-Roasted Cob Corn, 1/96 count case. To be packed to U.S. Grade A Standard. 3" Roasted Super Sweet Cob Corn.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
2 cobs	½ cup cooked vegetable	n/a	48.00

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Corn, frozen Corn on the cob, 3-inch ear (cobbette), Includes USDA Foods	Starchy	7.53	x	4.25 / 16	2.00
Each 7.53 ounce serving of the product above contains 1/2 cup Starchy vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																												
Roasted Sweet Corn.	<table border="1"> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <td>Serving size</td> <td>7.53 oz (213g)</td> </tr> <tr> <td colspan="2">Amount per serving</td> </tr> <tr> <td>Calories</td> <td>340</td> </tr> <tr> <td colspan="2">% Daily Value*</td> </tr> <tr> <td>Total Fat 3g</td> <td>4%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td>0%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 45mg</td> <td>2%</td> </tr> <tr> <td>Total Carbohydrate 68g</td> <td>25%</td> </tr> <tr> <td>Dietary Fiber 10g</td> <td>36%</td> </tr> <tr> <td>Total Sugars 21g</td> <td></td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td>Protein 11g</td> <td></td> </tr> <tr> <td>Vitamin D 0mcg</td> <td>0%</td> </tr> <tr> <td>Calcium 0mg</td> <td>0%</td> </tr> <tr> <td>Iron 1.5mg</td> <td>8%</td> </tr> <tr> <td>Potassium 0mg</td> <td>0%</td> </tr> <tr> <td>Vitamin A 100mcg</td> <td>10%</td> </tr> <tr> <td>Vitamin C 27mg</td> <td>30%</td> </tr> <tr> <td colspan="2"><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small></td> </tr> </table>	Nutrition Facts		Serving size	7.53 oz (213g)	Amount per serving		Calories	340	% Daily Value*		Total Fat 3g	4%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 45mg	2%	Total Carbohydrate 68g	25%	Dietary Fiber 10g	36%	Total Sugars 21g		Includes 0g Added Sugars	0%	Protein 11g		Vitamin D 0mcg	0%	Calcium 0mg	0%	Iron 1.5mg	8%	Potassium 0mg	0%	Vitamin A 100mcg	10%	Vitamin C 27mg	30%	<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>	
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ADDITIONAL INFORMATION	COUNTRY OF ORIGIN																																												
<input checked="" type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input type="checkbox"/> Kosher <input type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input checked="" type="checkbox"/> Meets Buy America Provision	Product of USA																																												

COOKING INSTRUCTIONS	
Convection Oven	Preheat oven to 375°F. Arrange 12 cobs in a single layer on a baking sheet. Bake for 22-26 minutes.
Microwave (1100 Watts)	Loosely cover 3 cobs and microwave on HIGH for 9 minutes. Let stand for 1 minute.
Steamer	Steam 12 cobs in a perforated pan and steam for 15 minutes.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				*Information may vary slightly by production facility	
Gross Weight	28.50 LB	Case Cube (ft.³)*	1.10	Pallet TI / HI*	10 / 6
Outer Case Dimensions (L x W x H)*	16" x 12" x 9.875"		Shelf-Life	18 months	

For questions, please contact the Bid Department at 208-334-8000.

I certify that the information provided is true and correct:

Kelsey Farley
Kelsey Farley
Research Technologist

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