

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	VEGETABLE / BLEND, FROZEN: 10071179603337 Simplot Simple Goodness™ Antigua Blend, 8/3 LB. Packed to U.S. Grade A Standards. To contain 22% Broccoli, 22% Cauliflower, 22% Green Beans, 21% Carrots and 13% Red Peppers.
-------------------------------	--

SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.20 oz.	½ cup cooked, drained vegetable	15.00	120.00

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Cauliflower, frozen	Other	0.7040	x	9.20 / 16	0.4048 + 0.4708 = 0.8756
Beans, Green, frozen Whole, Includes USDA Foods	Other	0.7040	x	10.70 / 16	
Broccoli, frozen Spears	Dark Green	0.7040	x	10.90 / 16	0.4796
Carrots, frozen Baby	Red/Orange	0.6720	x	10.90 / 16	0.4578 + 0.1898 = 0.6476
Peppers, Bell, frozen Orange or Red, Diced	Red/Orange	0.4160	x	7.30 / 16	
Each 3.20 ounce serving of the product above contains 1/8 cup Red/Orange vegetable and 3/8 cup Other/Additional vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																												
Broccoli, Cauliflower, Green Beans, Carrots, Red Bell Pepper.	<table border="1"> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <td>Serving size</td> <td>3.20 oz (91g)</td> </tr> <tr> <td colspan="2">Amount per serving</td> </tr> <tr> <td>Calories</td> <td>30</td> </tr> <tr> <td colspan="2" style="text-align: right;">% Daily Value*</td> </tr> <tr> <td>Total Fat 0g</td> <td>0%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td>0%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 20mg</td> <td>1%</td> </tr> <tr> <td>Total Carbohydrate 6g</td> <td>2%</td> </tr> <tr> <td>Dietary Fiber 2g</td> <td>7%</td> </tr> <tr> <td>Total Sugars 2g</td> <td></td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td>Protein 1g</td> <td></td> </tr> <tr> <td>Vitamin D 0mcg</td> <td>0%</td> </tr> <tr> <td>Calcium 30mg</td> <td>2%</td> </tr> <tr> <td>Iron 0.5mg</td> <td>2%</td> </tr> <tr> <td>Potassium 180mg</td> <td>4%</td> </tr> <tr> <td>Vitamin A 70mcg</td> <td>8%</td> </tr> <tr> <td>Vitamin C 28mg</td> <td>30%</td> </tr> <tr> <td colspan="2"><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small></td> </tr> </table>	Nutrition Facts		Serving size	3.20 oz (91g)	Amount per serving		Calories	30	% Daily Value*		Total Fat 0g	0%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 20mg	1%	Total Carbohydrate 6g	2%	Dietary Fiber 2g	7%	Total Sugars 2g		Includes 0g Added Sugars	0%	Protein 1g		Vitamin D 0mcg	0%	Calcium 30mg	2%	Iron 0.5mg	2%	Potassium 180mg	4%	Vitamin A 70mcg	8%	Vitamin C 28mg	30%	<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>	
Nutrition Facts																																													
Serving size		3.20 oz (91g)																																											
Amount per serving																																													
Calories	30																																												
% Daily Value*																																													
Total Fat 0g	0%																																												
Saturated Fat 0g	0%																																												
Trans Fat 0g																																													
Cholesterol 0mg	0%																																												
Sodium 20mg	1%																																												
Total Carbohydrate 6g	2%																																												
Dietary Fiber 2g	7%																																												
Total Sugars 2g																																													
Includes 0g Added Sugars	0%																																												
Protein 1g																																													
Vitamin D 0mcg	0%																																												
Calcium 30mg	2%																																												
Iron 0.5mg	2%																																												
Potassium 180mg	4%																																												
Vitamin A 70mcg	8%																																												
Vitamin C 28mg	30%																																												
<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>																																													
ALLERGENS PRESENT																																													
<input checked="" type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish																																													
ADDITIONAL INFORMATION	COUNTRY OF ORIGIN																																												
<input checked="" type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input type="checkbox"/> Kosher <input checked="" type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input type="checkbox"/> Meets Buy America Provision	Product of USA, Ecuador, Mexico and/or Peru																																												

COOKING INSTRUCTIONS	
Stove Top	Bring 5 quarts of water to a boil on HIGH. Add one bag of frozen vegetables and cook for 12 minutes, stirring as needed.
Steamer	Arrange one bag of frozen vegetables in a slotted full-size steam table pan. Steam for 7 minutes.
Microwave (1100 Watts)	Place one bag of frozen vegetables in a microwave safe dish. Add ¼ cup of water and cover. Cook on HIGH for 22 minutes, stirring halfway through cook time.
To Serve Cold	Prepare vegetables as stated above. Then cool as rapidly as possible to refrigerated temperature.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				*Information may vary slightly by production facility	
Gross Weight	25.50 LB	Case Cube (ft.³)*	1.12	Pallet TI / HI*	8 / 7
Outer Case Dimensions (L x W x H)*	18.375" x 11.50" x 9.125"		Shelf-Life	24 months	

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley
Kelsey Farley
Research Technologist

USDA National School Lunch Product Fact Sheet

