

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	VEGETABLE / BLEND, FROZEN: 10071179188551 Simplot Simple Goodness™ Peas and Diced Carrots, 12/2.5 LB. Packed to U.S. Grade A Standards. To contain 60% Peas and 40% Diced Carrots.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.30 oz.	½ cup cooked, drained vegetable	12.12	145.45

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Peas, Green, frozen Includes USDA Foods	Starchy	1.98	x	9.59 / 16	1.1867
Carrots, frozen Sliced, Includes USDA Foods	Red/Orange	1.32	x	9.87 / 16	0.8142

Each 3.30 ounce serving of the product above contains 1/4 cup Starchy vegetable, 1/8 cup Red/Orange vegetable and 1/8 cup Additional vegetable.

INGREDIENT STATEMENT	NUTRITION INFORMATION																																										
Green Peas, Carrots.	<table border="1"> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <td>Serving size</td> <td>3.30 oz (94g)</td> </tr> <tr> <td colspan="2">Amount per serving</td> </tr> <tr> <td>Calories</td> <td>60</td> </tr> <tr> <td colspan="2" style="text-align: right;">% Daily Value*</td> </tr> <tr> <td>Total Fat 0g</td> <td>0%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td>0%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 20mg</td> <td>1%</td> </tr> <tr> <td>Total Carbohydrate 11g</td> <td>4%</td> </tr> <tr> <td>Dietary Fiber 4g</td> <td>14%</td> </tr> <tr> <td>Total Sugars 4g</td> <td></td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td>Protein 3g</td> <td></td> </tr> <tr> <td>Vitamin D 0mcg</td> <td>0%</td> </tr> <tr> <td>Calcium 30mg</td> <td>2%</td> </tr> <tr> <td>Iron 1.1mg</td> <td>6%</td> </tr> <tr> <td>Potassium 170mg</td> <td>4%</td> </tr> <tr> <td>Vitamin A 110mcg</td> <td>10%</td> </tr> <tr> <td>Vitamin C 10mg</td> <td>10%</td> </tr> </table> <small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>	Nutrition Facts		Serving size	3.30 oz (94g)	Amount per serving		Calories	60	% Daily Value*		Total Fat 0g	0%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 20mg	1%	Total Carbohydrate 11g	4%	Dietary Fiber 4g	14%	Total Sugars 4g		Includes 0g Added Sugars	0%	Protein 3g		Vitamin D 0mcg	0%	Calcium 30mg	2%	Iron 1.1mg	6%	Potassium 170mg	4%	Vitamin A 110mcg	10%	Vitamin C 10mg	10%
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<input checked="" type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish																																											
ADDITIONAL INFORMATION	COUNTRY OF ORIGIN																																										
<input checked="" type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input checked="" type="checkbox"/> Kosher <input type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input checked="" type="checkbox"/> Meets Buy America Provision	Product of USA																																										

COOKING INSTRUCTIONS	
Stove Top	Bring 5 quarts of water to a boil on HIGH. Add one bag of frozen vegetables and cook for 6 minutes, stirring as needed.
Steamer	Arrange one bag of frozen vegetables in a slotted full-size steam table pan. Steam for 4 minutes.
Microwave (1100 Watts)	Place one bag of frozen vegetables in a microwave safe dish. Add 2 Tbsp. of water and cover. Cook on HIGH for 20 minutes, stirring halfway through cook time.
To Serve Cold	Prepare vegetables as stated above. Then cool as rapidly as possible to refrigerated temperature.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				<i>*Information may vary slightly by production facility</i>	
Gross Weight	31.25 LB	Case Cube (ft.³)*	1.01	Pallet TI / HI*	10 / 7
Outer Case Dimensions (L x W x H)*	16" x 11.625" x 9.375"		Shelf-Life	24 months	

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley
Kelsey Farley
Senior Regulatory Specialist

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