

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	VEGETABLE / BLEND, FROZEN: 10071179188100 Simplot Simple Goodness™ Mixed Vegetables, 1/20 LB. Packed to U.S. Grade A Standards. To contain 22% Green Peas, 22% Diced Carrots, 22% Cut Corn, 22% Cut Green Beans, 12% Lima Beans.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.03 oz.	½ cup cooked vegetable	n/a	105.61

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Carrots, frozen Slices Includes USDA Foods	Red/Orange	0.6666	x	9.87 / 16	0.4112
Peas, Green, frozen Includes USDA Foods	Starchy	0.6666	x	9.59 / 16	0.3995 + 0.4582 + 0.2477 = 1.1054
Corn, frozen Whole Kernel Includes USDA Foods	Starchy	0.6666	x	11.00 / 16	
Beans, Lima, frozen Baby Whole	Starchy	0.3636	x	10.90 / 16	
Beans, Green, frozen Cut Includes USDA Foods	Other	0.6666	x	11.60 / 16	0.4832
Each 3.03 ounce serving of the product above contains 1/4 cup Starchy vegetable and 1/4 cup Additional vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																										
Carrots, Corn, Green Beans, Peas, Lima Beans.	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th colspan="2" style="background-color: #cccccc;">Nutrition Facts</th> </tr> <tr> <td style="font-size: small;">Serving size</td> <td style="text-align: right;">3.03 oz (86g)</td> </tr> <tr> <td colspan="2" style="font-size: small;">Amount per serving</td> </tr> <tr> <td style="font-size: small;">Calories</td> <td style="text-align: right; font-size: large;">60</td> </tr> <tr> <td colspan="2" style="text-align: right; font-size: x-small;">% Daily Value*</td> </tr> </thead> <tbody> <tr> <td style="font-size: x-small;">Total Fat 0.5g</td> <td style="text-align: right; font-size: x-small;">1%</td> </tr> <tr> <td style="font-size: x-small;">Saturated Fat 0g</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td style="font-size: x-small;">Trans Fat 0g</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td style="font-size: x-small;">Cholesterol 0mg</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td style="font-size: x-small;">Sodium 25mg</td> <td style="text-align: right; font-size: x-small;">1%</td> </tr> <tr> <td style="font-size: x-small;">Total Carbohydrate 12g</td> <td style="text-align: right; font-size: x-small;">4%</td> </tr> <tr> <td style="font-size: x-small;">Dietary Fiber 3g</td> <td style="text-align: right; font-size: x-small;">11%</td> </tr> <tr> <td style="font-size: x-small;">Total Sugars 4g</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td style="font-size: x-small;">Includes 0g Added Sugars</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td style="font-size: x-small;">Protein 3g</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td style="font-size: x-small;">Vitamin D 0mcg</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td style="font-size: x-small;">Calcium 0mg</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td style="font-size: x-small;">Iron 0.8mg</td> <td style="text-align: right; font-size: x-small;">4%</td> </tr> <tr> <td style="font-size: x-small;">Potassium 200mg</td> <td style="text-align: right; font-size: x-small;">4%</td> </tr> <tr> <td style="font-size: x-small;">Vitamin A 0mcg</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td style="font-size: x-small;">Vitamin C 8mg</td> <td style="text-align: right; font-size: x-small;">8%</td> </tr> </tbody> </table> <p style="font-size: x-small;">*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</p>	Nutrition Facts		Serving size	3.03 oz (86g)	Amount per serving		Calories	60	% Daily Value*		Total Fat 0.5g	1%	Saturated Fat 0g	0%	Trans Fat 0g	0%	Cholesterol 0mg	0%	Sodium 25mg	1%	Total Carbohydrate 12g	4%	Dietary Fiber 3g	11%	Total Sugars 4g	0%	Includes 0g Added Sugars	0%	Protein 3g	0%	Vitamin D 0mcg	0%	Calcium 0mg	0%	Iron 0.8mg	4%	Potassium 200mg	4%	Vitamin A 0mcg	0%	Vitamin C 8mg	8%
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<input checked="" type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish																																											
ADDITIONAL INFORMATION	COUNTRY OF ORIGIN																																										
<input checked="" type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input checked="" type="checkbox"/> Kosher <input type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant	Product of USA																																										
<input checked="" type="checkbox"/> Meets Buy America Provision																																											

COOKING INSTRUCTIONS	
Stove Top	Bring 5 quarts of water to a boil on HIGH. Add 2.5 lbs. of frozen vegetables and cook for 5 minutes, stirring as needed.
Steamer	Arrange 2.5 lbs. of frozen vegetables in a slotted full-size steam table pan. Steam for 4 minutes.
Microwave (1100 Watts)	Place 2.5 lbs. of frozen vegetables in a microwave safe dish. Add 2 Tbsp. of water and cover. Cook on HIGH for 17 minutes, stirring halfway through cook time.
To Serve Cold	Prepare vegetables as stated above. Then cool as rapidly as possible to refrigerated temperature.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				*Information may vary slightly by production facility	
Gross Weight	21.25 LB	Case Cube (ft.³)*	0.65	Pallet TI / HI*	14 / 8
Outer Case Dimensions (L x W x H)*	13.75" x 10" x 8.125"		Shelf-Life	24 months	

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley
Kelsey Farley
Senior Regulatory Specialist

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