

### USDA National School Lunch Product Fact Sheet

<b>PRODUCT SPECIFICATION:</b>	<b>CARROTS / VEGETABLES, FROZEN: 10071179184638 Simplot Simple Goodness™ Sliced Carrots, 12/2 LB.</b> Packed to U.S. Grade A Standards.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.25 oz.	½ cup cooked, drained vegetable	9.84	118.15

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Carrots, frozen Sliced, Includes USDA Foods	Red/Orange	3.25	x	9.87 / 16	2.00
Each 3.25 ounce serving of the product above contains 1/2 cup Red/Orange vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																										
Carrots.	<table border="1"> <thead> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <th>Serving size</th> <td>3.25 oz (92g)</td> </tr> <tr> <th colspan="2">Amount per serving</th> </tr> <tr> <th>Calories</th> <td><b>40</b></td> </tr> <tr> <th colspan="2">% Daily Value*</th> </tr> <tr> <td>Total Fat 0g</td> <td>0%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td>0%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 40mg</td> <td>2%</td> </tr> <tr> <td>Total Carbohydrate 8g</td> <td>3%</td> </tr> <tr> <td>Dietary Fiber 3g</td> <td>11%</td> </tr> <tr> <td>Total Sugars 4g</td> <td></td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td><b>Protein 1g</b></td> <td></td> </tr> <tr> <td>Vitamin D 0mcg</td> <td>0%</td> </tr> <tr> <td>Calcium 30mg</td> <td>2%</td> </tr> <tr> <td>Iron 0mg</td> <td>0%</td> </tr> <tr> <td>Potassium 220mg</td> <td>4%</td> </tr> <tr> <td>Vitamin A 230mcg</td> <td>25%</td> </tr> <tr> <td>Vitamin C 4mg</td> <td>4%</td> </tr> </thead></table> <p><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small></p>	Nutrition Facts		Serving size	3.25 oz (92g)	Amount per serving		Calories	<b>40</b>	% Daily Value*		Total Fat 0g	0%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 40mg	2%	Total Carbohydrate 8g	3%	Dietary Fiber 3g	11%	Total Sugars 4g		Includes 0g Added Sugars	0%	<b>Protein 1g</b>		Vitamin D 0mcg	0%	Calcium 30mg	2%	Iron 0mg	0%	Potassium 220mg	4%	Vitamin A 230mcg	25%	Vitamin C 4mg	4%
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<b>ALLERGENS PRESENT</b>																																											
<input checked="" type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish																																											
<b>ADDITIONAL INFORMATION</b>	<b>COUNTRY OF ORIGIN</b>																																										
<input checked="" type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input checked="" type="checkbox"/> Kosher <input type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input type="checkbox"/> Meets Buy America Provision	Product of Canada																																										

COOKING INSTRUCTIONS	
<b>Stove Top</b>	Bring 5 quarts of water to a boil on HIGH. Add one bag of frozen vegetables and cook for 5 minutes, stirring as needed.
<b>Steamer</b>	Arrange one bag of frozen vegetables in a slotted full-size steam table pan. Steam for 4 minutes.
<b>Microwave (1100 Watts)</b>	Place one bag of frozen vegetables in a microwave safe dish. Add 2 tbsp. of water and cover. Cook on HIGH for 14 minutes, stirring halfway through cook time.
<b>To Serve Cold</b>	Prepare vegetables as stated above. Then cool as rapidly as possible to refrigerated temperature.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				*Information may vary slightly by production facility	
<b>Gross Weight</b>	25.25 LB	<b>Case Cube (ft.<sup>3</sup>)*</b>	0.88	<b>Pallet TI / HI*</b>	10 / 7
<b>Outer Case Dimensions (L x W x H)*</b>	16.375" x 11.375" x 8.188"			<b>Shelf-Life</b>	24 months

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

*Kelsey Farley*  
Kelsey Farley  
Senior Regulatory Specialist

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