

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	VEGETABLE / GREEN BEAN, FROZEN: 10071179181804 Simplot Simple Goodness™ Whole Green Beans, 1/20 LB. Packed to U.S. Grade A Standards.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.00 oz.	½ cup cooked, drained vegetable	n/a	106.66

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Beans, Green, frozen Whole, Includes USDA Foods	Other	3.00	x	10.70 / 16	2.01
Each 3.00 ounce serving of the product above contains 1/2 cup Other vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																										
Green Beans.	<table border="1"> <thead> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <th>Serving size</th> <td>3.00 oz (85g)</td> </tr> <tr> <th colspan="2">Amount per serving</th> </tr> <tr> <th>Calories</th> <td>30</td> </tr> <tr> <th colspan="2">% Daily Value*</th> </tr> <tr> <td>Total Fat 0g</td> <td>0%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td>0%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 0mg</td> <td>0%</td> </tr> <tr> <td>Total Carbohydrate 6g</td> <td>2%</td> </tr> <tr> <td>Dietary Fiber 2g</td> <td>7%</td> </tr> <tr> <td>Total Sugars 2g</td> <td></td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td>Protein 1g</td> <td></td> </tr> <tr> <td>Vitamin D 0mcg</td> <td>0%</td> </tr> <tr> <td>Calcium 40mg</td> <td>4%</td> </tr> <tr> <td>Iron 0.7mg</td> <td>4%</td> </tr> <tr> <td>Potassium 160mg</td> <td>4%</td> </tr> <tr> <td>Vitamin A 0mcg</td> <td>0%</td> </tr> <tr> <td>Vitamin C 8mg</td> <td>8%</td> </tr> </thead> </table> <p><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small></p>	Nutrition Facts		Serving size	3.00 oz (85g)	Amount per serving		Calories	30	% Daily Value*		Total Fat 0g	0%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 0mg	0%	Total Carbohydrate 6g	2%	Dietary Fiber 2g	7%	Total Sugars 2g		Includes 0g Added Sugars	0%	Protein 1g		Vitamin D 0mcg	0%	Calcium 40mg	4%	Iron 0.7mg	4%	Potassium 160mg	4%	Vitamin A 0mcg	0%	Vitamin C 8mg	8%
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ADDITIONAL INFORMATION	COUNTRY OF ORIGIN																																										
<input checked="" type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input checked="" type="checkbox"/> Kosher <input type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input checked="" type="checkbox"/> Meets Buy America Provision	Product of USA																																										

COOKING INSTRUCTIONS	
Stove Top	Bring 5 quarts of water to a boil on HIGH. Add 2 lbs. of frozen vegetables and cook for 6 minutes, stirring as needed.
Steamer	Arrange 2 lbs. of frozen vegetables in a slotted full-size steam table pan. Steam for 4 minutes.
Microwave (1100 Watts)	Place 2 lbs. of frozen vegetables in a microwave safe dish. Add 2 Tbsp. of water and cover. Cook on HIGH for 16 minutes, stirring halfway through cook time.
To Serve Cold	Prepare vegetables as stated above. Then cool as rapidly as possible to refrigerated temperature.

CASE PACK AND SHELF LIFE (stored at 0°F or below)					*Information may vary slightly by production facility	
Gross Weight	21.50 LB	Case Cube (ft.³)*	0.95	Pallet TI / HI*	14 / 6	
Outer Case Dimensions (L x W x H)*	13.75" x 10" x 12"			Shelf-Life	24 months	

For questions, please contact the Bid Department at 208-334-8000.

I certify that the information provided is true and correct:

Kelsey Farley

Kelsey Farley
Research Technologist

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