

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	CAULIFLOWER / VEGETABLES, FROZEN: 10071179050865 Simplot Simple Goodness™ Riced Cauliflower, 1/20 LB. Packed to U.S. Grade A Standards.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
2.67 oz.	½ cup cooked, drained vegetable	n/a	119.85

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Cauliflower, frozen Riced	Other	2.67	x	12.00 / 16	2.00
Each 2.67 ounce serving of the product above contains 1/2 cup Other vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																												
Cauliflower.	<table border="1"> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <td>Serving size</td> <td>2.67 oz (76g)</td> </tr> <tr> <td colspan="2">Amount per serving</td> </tr> <tr> <td>Calories</td> <td>20</td> </tr> <tr> <td colspan="2" style="text-align: right;">% Daily Value*</td> </tr> <tr> <td>Total Fat 0g</td> <td>0%</td> </tr> <tr> <td> Saturated Fat 0g</td> <td>0%</td> </tr> <tr> <td> Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 20mg</td> <td>1%</td> </tr> <tr> <td>Total Carbohydrate 4g</td> <td>1%</td> </tr> <tr> <td> Dietary Fiber 1g</td> <td>4%</td> </tr> <tr> <td> Total Sugars 1g</td> <td></td> </tr> <tr> <td> Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td>Protein 1g</td> <td></td> </tr> <tr> <td>Vitamin D 0mcg</td> <td>0%</td> </tr> <tr> <td>Calcium 0mg</td> <td>0%</td> </tr> <tr> <td>Iron 0mg</td> <td>0%</td> </tr> <tr> <td>Potassium 150mg</td> <td>4%</td> </tr> <tr> <td>Vitamin A 0mcg</td> <td>0%</td> </tr> <tr> <td>Vitamin C 22mg</td> <td>25%</td> </tr> <tr> <td colspan="2"><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small></td> </tr> </table>	Nutrition Facts		Serving size	2.67 oz (76g)	Amount per serving		Calories	20	% Daily Value*		Total Fat 0g	0%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 20mg	1%	Total Carbohydrate 4g	1%	Dietary Fiber 1g	4%	Total Sugars 1g		Includes 0g Added Sugars	0%	Protein 1g		Vitamin D 0mcg	0%	Calcium 0mg	0%	Iron 0mg	0%	Potassium 150mg	4%	Vitamin A 0mcg	0%	Vitamin C 22mg	25%	<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>	
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<input checked="" type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish <input type="checkbox"/> Sesame																																													
ADDITIONAL INFORMATION	COUNTRY OF ORIGIN																																												
<input checked="" type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input type="checkbox"/> Kosher <input type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input type="checkbox"/> Meets Buy America Provision	Product of Mexico																																												

COOKING INSTRUCTIONS	
Stove Top	Heat 3 Tbsp. oil in a large skillet over MED-HIGH heat. Add approximately 1 lb. of frozen riced cauliflower and cook for 3 minutes, stirring frequently.
Steamer	Place approximately 5 lbs. of frozen riced cauliflower in a solid, full-size steam table pan. Steam for 9 minutes.
Microwave (1100 Watts)	Place approximately ½ lb. of frozen riced cauliflower in a small microwave safe dish. Cover with plastic wrap and heat for 3 minutes.
Combi Oven	Place approximately 5 lbs. of frozen riced cauliflower in a full-size baking sheet. Heat for 5 minutes.
To Serve Cold	Prepare vegetables as stated above. Then cool as rapidly as possible to refrigerated temperature.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				<i>*Information may vary slightly by production facility</i>	
Gross Weight	21.50 LB	Case Cube (ft.³)*	0.78	Pallet TI / HI*	12 / 7
Outer Case Dimensions (L x W x H)*	15.875" x 9.875" x 8.625"		Shelf-Life	24 months	

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:


Kelsey Farley
Senior Regulatory Specialist

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