

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	WHOLE GRAIN: 10071179038009 Simplot Good Grains™ Red Quinoa, 6/2.5 LB. Ancient grain; Meets whole grain-rich criteria, contains no non-creditable grains.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
70 g (about 1/2 cup)	1 oz. equivalent Grains	16.19	97.19

PRODUCT FORMULATION CREDITS			
Description of Creditable Grain Ingredient (dry weight)	Grams of Creditable Grain Ingredient per Serving (A)	Gram Standard of Creditable Grain per oz. equivalent (B)	Creditable Amount (A ÷ B)
Red Quinoa	28	28	1.000
TOTAL			1.000
Each 70 g serving of the product above contains 1.00 oz. equivalent Grains.			

INGREDIENT STATEMENT	NUTRITION INFORMATION																																												
Water, Red Quinoa.	<table border="1"> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <td>Serving size</td> <td>2.47 oz (70g)</td> </tr> <tr> <td colspan="2">Amount per serving</td> </tr> <tr> <td>Calories</td> <td>80</td> </tr> <tr> <td colspan="2" style="text-align: right;">% Daily Value*</td> </tr> <tr> <td>Total Fat 1.5g</td> <td>2%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td>0%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 0mg</td> <td>0%</td> </tr> <tr> <td>Total Carbohydrate 15g</td> <td>5%</td> </tr> <tr> <td>Dietary Fiber 2g</td> <td>7%</td> </tr> <tr> <td>Total Sugars 1g</td> <td></td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td>Protein 3g</td> <td></td> </tr> <tr> <td>Vitamin D 0mcg</td> <td>0%</td> </tr> <tr> <td>Calcium 0mg</td> <td>0%</td> </tr> <tr> <td>Iron 1mg</td> <td>6%</td> </tr> <tr> <td>Potassium 120mg</td> <td>2%</td> </tr> <tr> <td>Vitamin A 0mcg</td> <td>0%</td> </tr> <tr> <td>Vitamin C 0mg</td> <td>0%</td> </tr> <tr> <td colspan="2"><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small></td> </tr> </table>	Nutrition Facts		Serving size	2.47 oz (70g)	Amount per serving		Calories	80	% Daily Value*		Total Fat 1.5g	2%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 0mg	0%	Total Carbohydrate 15g	5%	Dietary Fiber 2g	7%	Total Sugars 1g		Includes 0g Added Sugars	0%	Protein 3g		Vitamin D 0mcg	0%	Calcium 0mg	0%	Iron 1mg	6%	Potassium 120mg	2%	Vitamin A 0mcg	0%	Vitamin C 0mg	0%	<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>	
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<input checked="" type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish <input type="checkbox"/> Sesame																																													
ADDITIONAL INFORMATION	COUNTRY OF ORIGIN																																												
<input checked="" type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input type="checkbox"/> Kosher <input type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input type="checkbox"/> Meets Buy America Provision	Product of Canada																																												

COOKING INSTRUCTIONS	
Skillet	Heat 2 Tbsp. oil in a skillet on MED-HIGH heat. Sauté half bag of frozen product for 6 minutes, covered, stirring frequently.
Steamer	Put half bag of frozen product in a solid half size steam pan. Cook in pre-heated steamer for 6 minutes.
Microwave (1100 Watts)	Microwave half bag of frozen product, covered, on HIGH for 8 minutes. Stir halfway through cook time. Let stand for 1 minute.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				<small>*Information may vary slightly by production facility</small>	
Gross Weight	17.00 LB	Case Cube (ft.³)*	0.66	Pallet TI / HI*	12 / 10
Outer Case Dimensions (L x W x H)*	13.375" x 12" x 7.125"		Shelf-Life	18 months	

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley
Kelsey Farley
Senior Regulatory Specialist

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