

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	SWEET POTATOES / FLAME-ROASTED, FROZEN: 10071179027058 Simplot Roastworks® Roasted Sweet Potatoes, 6/2.5 LB. Packed to U.S. Grade A Standards, flame-roasted, sweet potato chunks.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.47 oz.	½ cup cooked vegetable	11.52	69.16

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Sweet Potatoes, frozen Random cut chunks, Includes USDA Foods	Red/Orange	3.47	x	9.24 / 16	2.00
Each 3.47 ounce serving of the product above contains 1/2 cup Red/Orange vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																												
Sweet Potatoes.	<table border="1"> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <td>Serving size</td> <td>3.47 oz (98g)</td> </tr> <tr> <td>Amount per serving</td> <td></td> </tr> <tr> <td>Calories</td> <td>80</td> </tr> <tr> <td></td> <td style="text-align: right;">% Daily Value*</td> </tr> <tr> <td>Total Fat 0g</td> <td style="text-align: right;">0%</td> </tr> <tr> <td> Saturated Fat 0g</td> <td style="text-align: right;">0%</td> </tr> <tr> <td> Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Sodium 25mg</td> <td style="text-align: right;">1%</td> </tr> <tr> <td>Total Carbohydrate 17g</td> <td style="text-align: right;">6%</td> </tr> <tr> <td> Dietary Fiber 3g</td> <td style="text-align: right;">11%</td> </tr> <tr> <td> Total Sugars 10g</td> <td></td> </tr> <tr> <td> Includes 0g Added Sugars</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Protein 2g</td> <td></td> </tr> <tr> <td>Vitamin D 0mcg</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Calcium 40mg</td> <td style="text-align: right;">4%</td> </tr> <tr> <td>Iron 0.6mg</td> <td style="text-align: right;">4%</td> </tr> <tr> <td>Potassium 420mg</td> <td style="text-align: right;">8%</td> </tr> <tr> <td>Vitamin A 70mcg</td> <td style="text-align: right;">8%</td> </tr> <tr> <td>Vitamin C 1mg</td> <td style="text-align: right;">2%</td> </tr> <tr> <td colspan="2"><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small></td> </tr> </table>	Nutrition Facts		Serving size	3.47 oz (98g)	Amount per serving		Calories	80		% Daily Value*	Total Fat 0g	0%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 25mg	1%	Total Carbohydrate 17g	6%	Dietary Fiber 3g	11%	Total Sugars 10g		Includes 0g Added Sugars	0%	Protein 2g		Vitamin D 0mcg	0%	Calcium 40mg	4%	Iron 0.6mg	4%	Potassium 420mg	8%	Vitamin A 70mcg	8%	Vitamin C 1mg	2%	<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>	
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ADDITIONAL INFORMATION	COUNTRY OF ORIGIN																																												
<input checked="" type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input type="checkbox"/> Kosher <input type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input checked="" type="checkbox"/> Meets Buy America Provision	Product of USA																																												

COOKING INSTRUCTIONS <small>*If desired, add 1-2 Tbsp butter before cooking.</small>	
Convection Oven	Bake potatoes at 350°F for 15-20 minutes in a single layer on a greased sheet pan. Rotate halfway through cook time.
Microwave (1100 Watts)	Microwave ½ bag of potatoes on HIGH for 7 minutes, covered, stirring halfway through cooking time. Let stand for 1 minute.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				<small>*Information may vary slightly by production facility</small>	
Gross Weight	17.00 LB	Case Cube (ft.³)*	0.59	Pallet TI / HI*	12 / 12
Outer Case Dimensions (L x W x H)*	16" x 10" x 6.375"			Shelf-Life	18 months

For questions, please contact the Bid Department at 208-334-8000.

I certify that the information provided is true and correct:

Kelsey Farley
Kelsey Farley
Research Technologist

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