

### USDA National School Lunch Product Fact Sheet

<b>PRODUCT SPECIFICATION:</b>	<b>WHOLE GRAIN BLENDS: 10071179020479 Simplot Good Grains™ Multi-Grain Orzo, Red Quinoa &amp; Vegetable Blend, 6/2.5 LB.</b> Made with Ancient grains. To contain 16% Broccoli, 11% Red Peppers, 9% Carrots, 7% Yellow Carrots and 5% Lentils. Product does not meet the whole grain-rich requirement.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
5.78 oz. (about 1¼ cup)	½ cup cooked, drained vegetable	6.92	41.52

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Broccoli, frozen Florets, Trimmed Includes USDA Foods	Dark Green	0.9248	x	14.00 / 16	0.8092
Peppers, Bell, frozen Orange or Red, Diced	Red/Orange	0.6358	x	7.30 / 16	0.2900+ 0.3628 = 0.7004
Carrots, frozen Sliced, Includes USDA Foods	Red/Orange	0.5202	x	11.16 / 16	
Carrots, frozen Sliced, Includes USDA Foods	Other	0.4046	x	11.16 / 16	0.2822
Lentils, dry	Beans & Peas (Legumes)	0.1387	x	29.60 / 16	0.2566

Each 5.78 oz. serving of the product above contains 1/8 cup Dark Green vegetable, 1/8 cup Red/Orange vegetable and 1/4 cup Other/Additional vegetable.

INGREDIENT STATEMENT	NUTRITION INFORMATION																																										
Cooked Nine Grain Orzo Pasta (Water, Durum Wheat Semolina, Whole Wheat Flour, Whole Grain Flour Blend [Barley, Rye, Whole Wheat, Oat, Amaranth, Quinoa, Millet, Sorghum, Teff]), Broccoli, Red Bell Pepper, Carrots, Cooked Brown and Red Rice, Cooked Black Barley, Yellow Carrots, Cooked Brown Lentils, Cooked Red Quinoa, Contains less than 2% of Brown Sugar, Canola Oil, Dehydrated Vegetables (Garlic, Onion, Bell Pepper, Parsley), Natural Flavor, Potassium Chloride Salt, Sea Salt, Spice.	<table border="1"> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <td>Serving size</td> <td>5.78 oz (164g)</td> </tr> <tr> <td colspan="2">Amount per serving</td> </tr> <tr> <td><b>Calories</b></td> <td><b>160</b></td> </tr> <tr> <td colspan="2" style="text-align: right;">% Daily Value*</td> </tr> <tr> <td>Total Fat 3.5g</td> <td>4%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td>0%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 330mg</td> <td>14%</td> </tr> <tr> <td>Total Carbohydrate 28g</td> <td>10%</td> </tr> <tr> <td>Dietary Fiber 5g</td> <td>18%</td> </tr> <tr> <td>Total Sugars 3g</td> <td></td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td>Protein 5g</td> <td></td> </tr> <tr> <td>Vitamin D 0mcg</td> <td>0%</td> </tr> <tr> <td>Calcium 30mg</td> <td>2%</td> </tr> <tr> <td>Iron 1.4mg</td> <td>8%</td> </tr> <tr> <td>Potassium 240mg</td> <td>6%</td> </tr> <tr> <td>Vitamin A 0mcg</td> <td>0%</td> </tr> <tr> <td>Vitamin C 30mg</td> <td>35%</td> </tr> </table> <p><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small></p>	Nutrition Facts		Serving size	5.78 oz (164g)	Amount per serving		<b>Calories</b>	<b>160</b>	% Daily Value*		Total Fat 3.5g	4%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 330mg	14%	Total Carbohydrate 28g	10%	Dietary Fiber 5g	18%	Total Sugars 3g		Includes 0g Added Sugars	0%	Protein 5g		Vitamin D 0mcg	0%	Calcium 30mg	2%	Iron 1.4mg	8%	Potassium 240mg	6%	Vitamin A 0mcg	0%	Vitamin C 30mg	35%
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<input type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input checked="" type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish <input type="checkbox"/> Sesame																																											
<b>ADDITIONAL INFORMATION</b>	<b>COUNTRY OF ORIGIN</b>																																										
<input checked="" type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input type="checkbox"/> Kosher <input type="checkbox"/> Halal <input type="checkbox"/> Smart Snack Compliant <input type="checkbox"/> Meets Buy America Provision	Product of Canada																																										

COOKING INSTRUCTIONS	
<b>Stove Top</b>	Heat 2 Tbsp. oil in a skillet on MED-HIGH heat. Sauté half bag of frozen product for 7 minutes, covered, stirring frequently.
<b>Microwave (1100 Watts)</b>	Microwave half bag of frozen product, covered, on HIGH for 9 minutes. Stir halfway through cook time. Let stand for 1 minute.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				*Information may vary slightly by production facility	
<b>Gross Weight</b>	17.00 LB	<b>Case Cube (ft.<sup>3</sup>)*</b>	0.66	<b>Pallet TI / HI*</b>	12 / 9
<b>Outer Case Dimensions (L x W x H)*</b>	13.375" x 12" x 7.125"			<b>Shelf-Life</b>	18 months

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

  
Kelsey Farley  
Senior Regulatory Specialist

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