

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	WHOLE GRAIN BLENDS: 10071179020462 Simplot Good Grains™ Multi-Grain Orzo, Garbanzo & Kale Blend, 6/2.5 LB. Made with Ancient grains. To contain 16% Carrots, 15% Garbanzo Beans, 12% Kale and 8% Red Peppers. Product does not meet the whole grain-rich requirement.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
5.86 oz. (about 1¼ cup)	½ cup cooked, drained vegetable	6.82	40.95

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Kale, frozen Chopped	Dark Green	0.7032	x	12.10 / 16	0.532
Carrots, frozen Sliced, Includes USDA Foods	Red/Orange	0.9376	x	11.16 / 16	0.654 + 0.214 = 0.868
Peppers, Bell, frozen Orange or Red, Diced	Red/Orange	0.4688	x	7.30 / 16	
Beans, Garbanzo or Chickpeas, frozen Whole, IQF	Beans & Peas (Legumes)	0.8790	x	11.00 / 16	0.604
Each 5.86 oz serving of the product above contains 1/8 cup Dark Green vegetable, 1/8 cup Red/Orange vegetable, 1/8 cup Bean & Peas (Legumes) or 0.50 oz. meat alternate, and 1/8 cup Other/Additional vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																		
Cooked Nine Grain Orzo Pasta (Water, Durum Wheat Semolina, Whole Wheat Flour, Whole Grain Flour Blend [Barley, Rye, Whole Wheat, Oat, Amaranth, Quinoa, Millet, Sorghum, Teff]), Carrots, Cooked Garbanzo Beans, Kale, Red Bell Pepper, Cooked Red Quinoa, Contains less than 2% of Brown Sugar, Canola Oil, Dehydrated Vegetables (Garlic, Onion, Bell Pepper, Parsley), Natural Flavor, Potassium Chloride Salt, Sea Salt, Spices.	<p>Nutrition Facts Serving size 5.86 oz (166g)</p> <p>Amount per serving Calories 190</p> <table border="1"> <thead> <tr> <th></th> <th>% Daily Value*</th> </tr> </thead> <tbody> <tr> <td>Total Fat 4g</td> <td>5%</td> </tr> <tr> <td>Saturated Fat 0g</td> <td>0%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 350mg</td> <td>15%</td> </tr> <tr> <td>Total Carbohydrate 32g</td> <td>12%</td> </tr> <tr> <td>Dietary Fiber 5g</td> <td>18%</td> </tr> <tr> <td>Total Sugars 4g</td> <td></td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td>Protein 7g</td> <td></td> </tr> <tr> <td>Vitamin D 0mcg</td> <td>0%</td> </tr> <tr> <td>Calcium 60mg</td> <td>4%</td> </tr> <tr> <td>Iron 1.9mg</td> <td>10%</td> </tr> <tr> <td>Potassium 280mg</td> <td>6%</td> </tr> <tr> <td>Vitamin A 150mcg</td> <td>15%</td> </tr> <tr> <td>Vitamin C 18mg</td> <td>20%</td> </tr> </tbody> </table> <p>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</p>		% Daily Value*	Total Fat 4g	5%	Saturated Fat 0g	0%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 350mg	15%	Total Carbohydrate 32g	12%	Dietary Fiber 5g	18%	Total Sugars 4g		Includes 0g Added Sugars	0%	Protein 7g		Vitamin D 0mcg	0%	Calcium 60mg	4%	Iron 1.9mg	10%	Potassium 280mg	6%	Vitamin A 150mcg	15%	Vitamin C 18mg	20%
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<input type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input checked="" type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish <input type="checkbox"/> Sesame																																			
ADDITIONAL INFORMATION	COUNTRY OF ORIGIN																																		
<input checked="" type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input type="checkbox"/> Kosher <input type="checkbox"/> Halal <input type="checkbox"/> Smart Snack Compliant <input type="checkbox"/> Meets Buy America Provision	Product of Canada																																		

COOKING INSTRUCTIONS	
Stove Top	Heat 2 Tbsp. oil in a skillet on MED-HIGH heat. Sauté half bag of frozen product for 7 minutes, covered, stirring frequently.
Microwave (1100 Watts)	Microwave half bag of frozen product, covered, on HIGH for 7 minutes. Stir halfway through cook time. Let stand for 1 minute.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				*Information may vary slightly by production facility	
Gross Weight	17.00 LB	Case Cube (ft. ³)*	0.66	Pallet TI / HI*	12 / 9
Outer Case Dimensions (L x W x H)*	13.375" x 12" x 7.125"			Shelf-Life	18 months

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:


Kelsey Farley
Senior Regulatory Specialist

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