

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	VEGETABLE / EDAMAME, FROZEN: 10071179522768 Simplot Simple Goodness™ Shelled Edamame, 6/2.5 LB. To be packed to U.S. Grade A Standards.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.00 oz. (about 2/3 cup)	½ cup cooked, drained vegetable	13.33	80.00

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Beans, Soy, fresh (Edamame) Shelled	Beans & Peas (Legumes)	3.00	x	10.70 / 16	2.01
Each 3.00 ounce serving of the product above contains 1/2 cup beans & peas (legumes) vegetable or 2 oz. equivalent meat alternate.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																										
Soybeans.	<table border="1"> <thead> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <th>Serving size</th> <td>3.00 oz (85g)</td> </tr> <tr> <th>Amount per serving</th> <td></td> </tr> <tr> <th>Calories</th> <td>90</td> </tr> <tr> <th colspan="2">% Daily Value*</th> </tr> <tr> <td>Total Fat 4g</td> <td>8%</td> </tr> <tr> <td>Saturated Fat 0.5g</td> <td>1%</td> </tr> <tr> <td>Trans Fat 0g</td> <td>0%</td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 5mg</td> <td>0%</td> </tr> <tr> <td>Total Carbohydrate 6g</td> <td>12%</td> </tr> <tr> <td>Dietary Fiber 4g</td> <td>8%</td> </tr> <tr> <td>Total Sugars 2g</td> <td>4%</td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td>0%</td> </tr> <tr> <td>Protein 10g</td> <td>20%</td> </tr> <tr> <td>Vitamin D 0mcg</td> <td>0%</td> </tr> <tr> <td>Calcium 50mg</td> <td>1%</td> </tr> <tr> <td>Iron 1.8mg</td> <td>33%</td> </tr> <tr> <td>Potassium 410mg</td> <td>8%</td> </tr> <tr> <td>Vitamin A 0mcg</td> <td>0%</td> </tr> <tr> <td>Vitamin C 8mg</td> <td>16%</td> </tr> </thead> </table> <p><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small></p>	Nutrition Facts		Serving size	3.00 oz (85g)	Amount per serving		Calories	90	% Daily Value*		Total Fat 4g	8%	Saturated Fat 0.5g	1%	Trans Fat 0g	0%	Cholesterol 0mg	0%	Sodium 5mg	0%	Total Carbohydrate 6g	12%	Dietary Fiber 4g	8%	Total Sugars 2g	4%	Includes 0g Added Sugars	0%	Protein 10g	20%	Vitamin D 0mcg	0%	Calcium 50mg	1%	Iron 1.8mg	33%	Potassium 410mg	8%	Vitamin A 0mcg	0%	Vitamin C 8mg	16%
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<input type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish																																											
ADDITIONAL INFORMATION	COUNTRY OF ORIGIN																																										
<input checked="" type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input type="checkbox"/> Kosher <input type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input type="checkbox"/> Meets Buy America Provision	Product of China																																										

COOKING INSTRUCTIONS	
Stove Top	Bring 5 quarts of water to a boil on HIGH. Add one bag of frozen vegetables and cook for 8 minutes, stirring as needed.
Steamer	Arrange one bag of frozen vegetables in a slotted full-size steam table pan. Steam for 7 minutes.
Microwave (1100 watts)	Place one bag of frozen vegetables in a microwave safe dish. Add ¼ cup of water and cover. Cook on HIGH for 18 minutes, stirring halfway through cook time.
To Serve Cold	Prepare vegetables as stated above. Then cool as rapidly as possible to refrigerated temperature.

CASE PACK AND SHELF LIFE (stored at 0°F or below)					*Information may vary slightly by production facility	
Gross Weight	16.25 LB	Case Cube (ft.³)*	0.44	Pallet TI / HI*	11 / 7	
Outer Case Dimensions (L x W x H)*	14.03" x 10.49" x 5.12"			Shelf-Life	24 months	

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley
Kelsey Farley
Senior Regulatory Specialist

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