

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	WHOLE GRAIN BLENDS: 10071179035053 Simplot Good Grains™ Thai Style Red Quinoa & Vegetable Blend, 6/2.5 LB. Made with Ancient grains Brown Rice and Red Quinoa. Meets whole grain-rich criteria, contains no non-creditable grains.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
142 g (about 1 cup)	1 oz. equivalent Grains	7.98	47.91

PRODUCT FORMULATION CREDITS					
Description of Creditable Grain Ingredient (dry weight)	Grams of Creditable Grain Ingredient per Serving (A)	Gram Standard of Creditable Grain per oz. equivalent (B)	Creditable Amount (A ÷ B)		
Brown Rice	23.2	28	0.828		
Red Quinoa	4.94	28	0.176		
TOTAL			1.004		
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Beans, Soy, fresh (Edamame) Shelled	Beans & Peas (Legumes)	1.06	x	10.70 / 16	0.70
Carrots, frozen Sliced, Includes USDA Foods	Red/Orange	0.99	x	9.87 / 16	0.61
Peppers, Bell, frozen Orange or Red, Diced	Red/Orange	0.50	x	7.30 / 16	0.22
Each 142 g serving of the product above contains 1.00 oz. equivalent Grains, 1/8 cup Red/Orange vegetable, 1/8 cup Beans & Peas (Legumes) vegetable or 0.5 oz. meat alternate, and 1/8 cup Other/Additional vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																												
Cooked Brown Rice, Shelled Edamame, Carrots, Red Bell Pepper, Cooked Red Quinoa, Canola Oil, Contains less than 2% of Brown Sugar, Dextrose, Garlic Powder, Green Onion, Lemongrass Powder, Natural Flavor, Onion Powder, Parsley, Salt, Spices, Sugar, Turmeric (for spice and color).	<table border="1"> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <td>Serving size</td> <td>5 oz (142g)</td> </tr> <tr> <td colspan="2">Amount per serving</td> </tr> <tr> <td>Calories</td> <td>150</td> </tr> <tr> <td colspan="2" style="text-align: right;">% Daily Value*</td> </tr> <tr> <td>Total Fat 5g</td> <td>6%</td> </tr> <tr> <td> Saturated Fat 0.5g</td> <td>3%</td> </tr> <tr> <td> Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td>0%</td> </tr> <tr> <td>Sodium 230mg</td> <td>10%</td> </tr> <tr> <td>Total Carbohydrate 22g</td> <td>8%</td> </tr> <tr> <td> Dietary Fiber 4g</td> <td>14%</td> </tr> <tr> <td> Total Sugars 4g</td> <td></td> </tr> <tr> <td> Includes 1g Added Sugars</td> <td>2%</td> </tr> <tr> <td>Protein 5g</td> <td></td> </tr> <tr> <td>Vitamin D 0mcg</td> <td>0%</td> </tr> <tr> <td>Calcium 40mg</td> <td>4%</td> </tr> <tr> <td>Iron 1.4mg</td> <td>8%</td> </tr> <tr> <td>Potassium 280mg</td> <td>6%</td> </tr> <tr> <td>Vitamin A 0mcg</td> <td>0%</td> </tr> <tr> <td>Vitamin C 16mg</td> <td>20%</td> </tr> <tr> <td colspan="2"><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small></td> </tr> </table>	Nutrition Facts		Serving size	5 oz (142g)	Amount per serving		Calories	150	% Daily Value*		Total Fat 5g	6%	Saturated Fat 0.5g	3%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 230mg	10%	Total Carbohydrate 22g	8%	Dietary Fiber 4g	14%	Total Sugars 4g		Includes 1g Added Sugars	2%	Protein 5g		Vitamin D 0mcg	0%	Calcium 40mg	4%	Iron 1.4mg	8%	Potassium 280mg	6%	Vitamin A 0mcg	0%	Vitamin C 16mg	20%	<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>	
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<input type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input checked="" type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish	Product of Canada																																												
ADDITIONAL INFORMATION																																													
<input type="checkbox"/> Lacto-Ovo Vegetarian <input type="checkbox"/> Vegan <input type="checkbox"/> Kosher <input type="checkbox"/> Halal <input type="checkbox"/> Smart Snack Compliant <input type="checkbox"/> Meets Buy America Provision																																													

COOKING INSTRUCTIONS	
Stove Top	Heat 2 Tbsp. oil in a skillet on MED-HIGH heat. Sauté half bag of frozen product for 7 minutes, covered, stirring frequently.
Microwave (1100 Watts)	Microwave half bag of frozen product, covered, on HIGH for 7 minutes. Stir halfway through cook time. Let stand for 1 minute.

CASE PACK AND SHELF LIFE (stored at 0°F or below)					<small>*Information may vary slightly by production facility</small>
Gross Weight	17.00 LB	Case Cube (ft.³)*	0.66	Pallet TI / HI*	12 / 9
Outer Case Dimensions (L x W x H)*	13.375" x 12" x 7.125"		Shelf-Life	18 months	

For questions, please contact the Bid Department at (800) 572-7783.

I certify that the information provided is true and correct:

Kelsey Farley
 Senior Regulatory Specialist

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