

USDA National School Lunch Product Fact Sheet

PRODUCT SPECIFICATION:	VEGETABLE / BLEND, FROZEN: 10071179030294 Simplot Harvest Fresh™ Avocados Zesty Guacamole, 12/1 LB. Made with Hass avocados.
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
2.91 oz.	¼ cup raw, mashed vegetable	5.49	65.97

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Avocados, fresh All sizes Whole	Other	2.56	x	5.10 / 16	0.8160
Onions, Mature frozen Chopped	Other	0.15	x	7.92 / 16	0.0742
Peppers, Green, Chilies, fresh Jalapeño Whole with stem	Other	0.12	x	15.60 / 16	0.1170
Each 2.91 ounce serving of the product above contains 1/4 cup Other vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																												
Avocado, Onion, Jalapeño Pepper, Salt, Serrano Pepper, Lime Juice Concentrate, Garlic, Spices (Ancho, Chipotle and Guajillo Chili), Dehydrated Cilantro.	<table border="1"> <tr> <th colspan="2">Nutrition Facts</th> </tr> <tr> <td>Serving size</td> <td>2.91 oz (82g)</td> </tr> <tr> <td>Amount per serving</td> <td></td> </tr> <tr> <td>Calories</td> <td>150</td> </tr> <tr> <td></td> <td style="text-align: right;">% Daily Value*</td> </tr> <tr> <td>Total Fat 15g</td> <td style="text-align: right;">19%</td> </tr> <tr> <td>Saturated Fat 2.5g</td> <td style="text-align: right;">13%</td> </tr> <tr> <td>Trans Fat 0g</td> <td></td> </tr> <tr> <td>Cholesterol 0mg</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Sodium 330mg</td> <td style="text-align: right;">14%</td> </tr> <tr> <td>Total Carbohydrate 6g</td> <td style="text-align: right;">2%</td> </tr> <tr> <td>Dietary Fiber 4g</td> <td style="text-align: right;">14%</td> </tr> <tr> <td>Total Sugars 1g</td> <td></td> </tr> <tr> <td>Includes 0g Added Sugars</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Protein 2g</td> <td style="text-align: right;">2%</td> </tr> <tr> <td>Vitamin D 0mcg</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Calcium 0mg</td> <td style="text-align: right;">0%</td> </tr> <tr> <td>Iron 0.8mg</td> <td style="text-align: right;">4%</td> </tr> <tr> <td>Potassium 430mg</td> <td style="text-align: right;">10%</td> </tr> <tr> <td>Vitamin A 20mcg</td> <td style="text-align: right;">2%</td> </tr> <tr> <td>Vitamin C 8mg</td> <td style="text-align: right;">8%</td> </tr> <tr> <td colspan="2"><small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small></td> </tr> </table>	Nutrition Facts		Serving size	2.91 oz (82g)	Amount per serving		Calories	150		% Daily Value*	Total Fat 15g	19%	Saturated Fat 2.5g	13%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 330mg	14%	Total Carbohydrate 6g	2%	Dietary Fiber 4g	14%	Total Sugars 1g		Includes 0g Added Sugars	0%	Protein 2g	2%	Vitamin D 0mcg	0%	Calcium 0mg	0%	Iron 0.8mg	4%	Potassium 430mg	10%	Vitamin A 20mcg	2%	Vitamin C 8mg	8%	<small>*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</small>	
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ADDITIONAL INFORMATION	COUNTRY OF ORIGIN																																												
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COOKING INSTRUCTIONS	
To Serve Cold	KEEP FROZEN. DO NOT THAW IN MICROWAVE. For best quality, thaw unopened bag for 15-24 hours in the refrigerator (40°F) in single layer. OPENED BAG: Keep surface covered to prevent browning. Use refrigerated guacamole within 7 days. Once thawed, do not refreeze.

CASE PACK AND SHELF LIFE (stored at 0°F or below)				*Information may vary slightly by production facility	
Gross Weight	14.00 LB	Case Cube (ft. ³)*	0.36	Pallet TI / HI*	17 / 8
Outer Case Dimensions (L x W x H)*	11.375" x 8.875" x 6.125"		Shelf-Life	18 months	

For questions, please contact the Bid Department at 208-334-8000.

I certify that the information provided is true and correct:

Kelsey Farley
Kelsey Farley
Research Technologist