

### USDA National School Lunch Product Fact Sheet

<b>PRODUCT SPECIFICATION:</b>	<b>AVOCADO / CHILLED, PULP: 10071179012658 Simplot Harvest Fresh™ 100% Avocado Chilled Chunky Pulp, 6/2 LB.</b>
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SERVING INFORMATION			
Serving Size (as purchased)	Contribution Equivalent	Equivalent Servings Per Bag	Equivalent Servings Per Case
3.14 oz.	¼ cup raw, mashed vegetable	10.19	61.14

PRODUCT FORMULATION CREDITS					
Food Buying Guide Description of Creditable Ingredient	FBG Subgroup	Oz. / Raw Portion of Creditable Ingredient	Mult.	FBG Yield / Purchase Unit	Creditable Amt. (quarter cup)
Avocados, fresh All sizes, Whole	Other	3.14	x	5.10 / 16	1.00
Each 3.14 ounce serving of the product above contains 1/4 cup Other vegetable.					

INGREDIENT STATEMENT	NUTRITION INFORMATION																																												
Hass Avocado.	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th colspan="2" style="background-color: #444; color: white;">Nutrition Facts</th> </tr> <tr> <td style="font-size: small;">Serving size</td> <td style="text-align: right;">3.14 oz (89g)</td> </tr> <tr> <td colspan="2" style="font-size: small;">Amount per serving</td> </tr> <tr> <td style="font-size: small;"><b>Calories</b></td> <td style="text-align: right; font-size: large;"><b>180</b></td> </tr> <tr> <td colspan="2" style="text-align: right; font-size: x-small;">% Daily Value*</td> </tr> </thead> <tbody> <tr> <td style="font-size: x-small;">Total Fat 18g</td> <td style="text-align: right; font-size: x-small;">23%</td> </tr> <tr> <td style="font-size: x-small;">Saturated Fat 3g</td> <td style="text-align: right; font-size: x-small;">15%</td> </tr> <tr> <td style="font-size: x-small;">Trans Fat 0g</td> <td></td> </tr> <tr> <td style="font-size: x-small;">Cholesterol 0mg</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td style="font-size: x-small;">Sodium 10mg</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td style="font-size: x-small;">Total Carbohydrate 6g</td> <td style="text-align: right; font-size: x-small;">2%</td> </tr> <tr> <td style="font-size: x-small;">Dietary Fiber 5g</td> <td style="text-align: right; font-size: x-small;">18%</td> </tr> <tr> <td style="font-size: x-small;">Total Sugars 1g</td> <td></td> </tr> <tr> <td style="font-size: x-small;">Includes 0g Added Sugars</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td colspan="2" style="font-size: x-small;">Protein 2g</td> </tr> <tr> <td style="font-size: x-small;">Vitamin D 0mcg</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td style="font-size: x-small;">Calcium 10mg</td> <td style="text-align: right; font-size: x-small;">0%</td> </tr> <tr> <td style="font-size: x-small;">Iron 0.9mg</td> <td style="text-align: right; font-size: x-small;">6%</td> </tr> <tr> <td style="font-size: x-small;">Potassium 500mg</td> <td style="text-align: right; font-size: x-small;">10%</td> </tr> <tr> <td style="font-size: x-small;">Vitamin A 30mcg</td> <td style="text-align: right; font-size: x-small;">4%</td> </tr> <tr> <td style="font-size: x-small;">Vitamin C 7mg</td> <td style="text-align: right; font-size: x-small;">8%</td> </tr> <tr> <td colspan="2" style="font-size: x-small;">*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.</td> </tr> </tbody> </table>	Nutrition Facts		Serving size	3.14 oz (89g)	Amount per serving		<b>Calories</b>	<b>180</b>	% Daily Value*		Total Fat 18g	23%	Saturated Fat 3g	15%	Trans Fat 0g		Cholesterol 0mg	0%	Sodium 10mg	0%	Total Carbohydrate 6g	2%	Dietary Fiber 5g	18%	Total Sugars 1g		Includes 0g Added Sugars	0%	Protein 2g		Vitamin D 0mcg	0%	Calcium 10mg	0%	Iron 0.9mg	6%	Potassium 500mg	10%	Vitamin A 30mcg	4%	Vitamin C 7mg	8%	*The % Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet.	
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<input checked="" type="checkbox"/> None <input type="checkbox"/> Milk <input type="checkbox"/> Egg <input type="checkbox"/> Wheat <input type="checkbox"/> Soy <input type="checkbox"/> Peanuts <input type="checkbox"/> Tree Nuts <input type="checkbox"/> Fish <input type="checkbox"/> Molluscan Shellfish																																													
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<input checked="" type="checkbox"/> Gluten Free <input type="checkbox"/> Lacto-Ovo Vegetarian <input checked="" type="checkbox"/> Vegan <input checked="" type="checkbox"/> Kosher <input checked="" type="checkbox"/> Halal <input checked="" type="checkbox"/> Smart Snack Compliant <input type="checkbox"/> Meets Buy America Provision																																													

COOKING INSTRUCTIONS	
<b>To Serve Cold</b>	<b>KEEP REFRIGERATED.</b> Use or freeze by expiration code date. Promptly refrigerate (less than 40°F) unused portions. If previously frozen, use product within 2 days for best quality and safety.

CASE PACK AND SHELF LIFE (stored at 33°F – 40°F)				*Information may vary slightly by production facility	
<b>Gross Weight</b>	14.00 LB	<b>Case Cube (ft.<sup>3</sup>)*</b>	0.35	<b>Pallet TI / HI*</b>	12 / 8
<b>Outer Case Dimensions (L x W x H)*</b>	15.875" x 9.875" x 3.875"		<b>Shelf-Life</b>	50 days	

For questions, please contact the Bid Department at (800) 572 - 7783.

I certify that the information provided is true and correct:

  
 Kelsey Farley  
 Senior Regulatory Specialist